

BANANA AB&J "ICE CREAM"

4 medium/large bananas, peeled and frozen
3-4 T almond milk (unsweetened vanilla)
3T Almond Butter
3 T **Emily G's Triple Berry Jam**



EMILY G'S™
JAM OF LOVE

In a food processor, add 4 roughly chopped frozen bananas along with almond milk. Blend until smooth, stopping to scrape down the sides of the bowl as needed. Next, add 2 T of almond butter and process until smooth. Remove bowl from base and stir in the jam and another tablespoon of almond butter, leaving thick ribbons throughout the soft serve "ice cream". Be sure not to over mix.